

30-Step Minimalism Challenge Checklist

- 1. **Educate Yourself**
- 2. **Define your "Why"**
- 3. **Set Goals**
- 4. **Set Your Mind**
- 5. **Declutter Junk Drawer**
- 6. **Declutter Paper Clutter**
- 7. **Declutter Kitchen**
- 8. **Declutter Living Room**
- 9. **Declutter Bedroom**
- 10. **Declutter Bathroom**
- 11. **Declutter Makeup**
- 12. **Declutter Workspace**
- 13. **Declutter Hallway**
- 14. **Get Rid Of Old Devices**
- 15. **Organize Digital Files**
- 16. **Purge Phone Contacts**
- 17. **Delete Unused Apps**
- 18. **Cancel Subscriptions**
- 19. **Clear Out Your Inbox**
- 20. **Detox Your Social Media**
- 21. **Turn Off Notifications**
- 22. **Try Life Without Digitals**
- 23. **Prioritize Meaningful**
- 24. **Love Simple Moments**
- 25. **Learn To Admire**
- 26. **Create Minimal Wardrobe**
- 27. **Quality Over Quantity**
- 28. **Practice Self-Care**
- 29. **Celebrate Success**
- 30. **Invest In Your Dreams**